



KING HENRY VIII RELAY RACE FURTHER INSTRUCTIONS & REQUIREMENTS

Headmaster
Philip Dearden BA (Hons), MA Ed

1. Parking Changes & how to get to King Henry VIII School (CV3 6AQ)

If travelling by train, the school is five minutes' walk from the station up Warwick Road. If travelling by minibus, please note that parking is at our Swallows' (or Coventry School Foundation Office) site at the Kenilworth Road gate: [here](#), or if full then the school playground, accessed from Spencer Road. If you are travelling by coach, please ask your driver to park in one of the bays on Davenport Road (best approach to this road for coaches is by turning off Kenilworth Road, see course map) -- this will help ease parking and access to the school playground. Parking locations may change on the day – follow signs! Note that parking at the War Memorial Park carpark is not free if you stay over 4 hours – and it does not allow minibuses.

2. Declarations – telling us your team

Team managers to report to the Declaration Desk. Declaration forms should then be handed in promptly and the race day envelopes collected. If on the day you think you will not arrive before 1.30pm due to traffic etc. you should contact us on 02476 271111.

3. 'B' Teams etc

We allow A and B teams for Boys' teams and A, B and C Teams for Girls' teams. This allows for 12 students for each race from each school.

4. Age / Gender

For clarity's sake, there is no lower-age restriction for participating athletes, but the upper age should be a typical Y13 max (i.e. they were U18 on 31st August the year before the race) and in fulltime education at the school. Runners should run in the race which is their gender at birth.

5. Part-teams

Please note that we will usually not be able to accommodate schools who do not have a full team, as this is very problematic for our results service. We will not usually turn away teams who have runners from a mixture of schools, but they will not be allowed to compete for any of the awards or rankings.

6. Photography and Video

The War Memorial Park is a public space. If you wish to take recordings of your teams then of course you are welcome to do so. As our runners are of school age then care needs to be taken when sharing images and video online, to both uphold the dignity of the runners and also to ensure that no child has protections which are compromised. If you wish to bring a formal 'recorder' for the event please contact the race organiser (Tom Andrews) who can brief them in advance of the event.

It is schools' responsibility to inform King Henry VIII School race organiser of any pupils in their team who do not have photo or video permission. If anyone is unhappy with a photo used by KHVIII then please contact the race organiser in the first instance.



King Henry VIII School is part of the Coventry School Foundation, a registered charity (charity number: 528961) with a corporate trustee, Coventry School Trustee Limited, a company limited by guarantee registered in England and Wales under company number 10138291, whose registered office is Kenilworth Road, Coventry CV3 6PT.

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7. Use of the park

Please can you stress to your runners that we hold the event in a public park. Be considerate to members of public, please do not get changed / washed in the park toilets (instead use the school facilities), and don't bang shoes on the nice white Visitors Centre. Note that we hire out toilets are the Visitors Centre and as such there are sufficient toilets for us by runners. Runners should not be using the park inappropriately with regard to this, and should be using the toilets provided.

6. The Course

The race will be held in the War Memorial Park and gardens, which are close to the school. A map of the course can be found on our website, in the programmes. It also shows the best way by foot to the start / school etc. Please ask athletes to use the pedestrian crossing on the Kenilworth Road to reach the park entrance.

The course is the same as in previous years. The route will be clearly marked by barrier tape, and marshals will also be on the route, but teams are advised to reconnoitre the woods section beforehand. Much of the course is on hard surface paths; the woods section is likely to be muddy.

The course is not ideal for spikes, but they may be used at the athletes' discretion.

Please note that medical assistance is available. Please alert your nearest race official if any is required - marshals or officials are placed at the Start/Finish and points along the course map. First Aid staff should also be located at start/finish line or the visitors' centre room. HEADPHONES and the like **should not be used** by runners for safety reasons in particular.

9. The Race – with Electronic Timing instructions – please read to your runners.

The race is a 6 x 2.3 miles relay (4 x 2.3 miles relay for girls) starting at 2.30pm (boys) and 2:35pm (girls). At the start time, the first-leg runner will be provided with a plastic baton ~3cm diameter x 30cm. RFID chips are fitted to both ends of the baton; it does not matter how the baton is held, one of the chips will always read. As usual, all the competitors (first the boys, then five minutes later the girls) will start on the same line -- the start time will be taken as the time the starter shouts "Go" to start the race.

Each competitor finishes their leg by crossing the line (at which point the chip is read) and passing the baton to the next team member; this team member then sets off to complete their leg.

If a team member crosses the line and cannot find the next member of their team, it is important that they do not carry the baton back over the line, as it is possible that a second read will occur and a spurious result will be calculated -- they should wait a few metres past the line. For similar reasons, if a team retires for any reason, do not bring the baton back to the timing area. There will be plastic boxes placed safely away from the timing equipment at the announcer's van -- please drop batons into these if you have retired from or finished the race. The last leg runner should take the baton to the PA van.

Marshals will assist runners at the changeovers, so that outgoing runners will not be impeded and incoming runners file off the course in order. The public address system will keep everyone informed about the progress of the race. Please ask your team/spectators not to walk through the golf-football course in the park.

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