

Lunch

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day				
Main course	Chicken Fajitas	Lamb & Lentil Keema Curry	Roast Chicken with Rosemary & Thyme	Lincolnshire Pork Sausages	Battered Fish, Fish Fingers, Choice of Pizza
Vegetarian	Spiced Stuffed Peppers	Chick Pea, Cauliflower & Sweet Potato Curry	Garlic Mushroom Gnocchi Bake	Cheese, Onion & Pepper Pinwheels	Vegetable Frittata
On the side	Garlic Spiced Wedges, Sweetcorn, Tangy Slaw, Roasted Courgettes	Pilau Rice, Roast Broccoli Garden Peas	Roast Potatoes, Savoy Cabbage, Steamed Carrots, Gravy	Creamy Mashed Potato with Chives, Buttered Carrots, Minted Peas, Gravy	Chips, Baked Beans, Mushy Peas, Garden Peas, Chip Shop Curry Sauce
Pasta or Jacket	Jacket Potatoes with Baked Beans, Cheddar Cheese & Tuna – Pasta with Daily Sauce Available Everyday				
Hot or cold dessert	Fruit Crumble, Custard	Chocolate Sponge Pudding	Dorset Apple Cake	Sticky Toffee Pudding	Chefs Special

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Lunch

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day				
Main course	Beef & Chorizo Chilli	Quiche Lorraine or Cheddar Leek & Broccoli Quiche	Traditional Shepard's Pie	Classic Beef Lasagne	Battered Fish, Fish Fingers, Choice of French Bread Pizza
Vegetarian	5 Bean Veggie Chilli	Pea & Pesto Risotto	Quorn Shepard's Pie	Macaroni Cheese with Crispy Crumb Topping	Goats Cheese, Squash & Mushroom Pithivier
On the side	Steamed Rice, Garlic Bread, Roast Mixed Veg	Potato Wedges, Citrus Slaw, Corn on the Cob	French Beans, Broccoli, Peas	Garlic Bread, Sweetcorn, Roast Squash	Chips, Baked Beans, Mushy Peas, Garden Peas, Chip Shop Curry Sauce
Pasta or Jacket	Jacket Potatoes with Baked Beans, Cheddar Cheese & Tuna – Pasta with Daily Sauce Available Everyday				
Hot or cold dessert	Jam Sponge Pudding	Fruity Shortbread	Lemon Tart	Chocolate Brownie	Chefs Special

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HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Lunch

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the Day				
Main course	Thai Green Pork Curry	Creamy Chicken, Mushroom & Leek Pie	Gammon Steaks	Churrasco Chicken	Battered Fish, Fish Fingers, Choice of Pizza
Vegetarian	Squash & Chickpea Balti	Roast Squash, Sweet Potato & Feta Pie	Pearly Barley & Roast Veg Casserole	Grilled Veggie Skewers with BBQ Marinade	Cheese & Onion Pasty
On the side	Coconut Rice, Garlic Green Beans, Roast Cauliflower & Garden Peas	Buttered New Potatoes, Braised Red Cabbage, Broccoli	Braised Leeks, Carrots, Peas, Herby Roast New Potatoes, Parsley Sauce	Dirty Rice, Mini Wraps, Corn on the Cob, Slaw	Chips, Baked Beans, Mushy Peas, Garden Peas, Chip Shop Curry Sauce
Pasta or Jacket	Jacket Potatoes with Baked Beans, Cheddar Cheese & Tuna – Pasta with Daily Sauce Available Everyday				
Hot or cold dessert	Fruit Crumble	Chocolate Croissant Pudding	Apple Streusel Cake	Lemon Sponge Pudding	Chefs Special