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BABLAKE &  
KING HENRY VIII  
SCHOOL

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### 1. Parking Changes & how to get to BKHS King Henry VIII School (CV3 6AQ)

If travelling by train, the school is five minutes' walk from the station up Warwick Road. If travelling by minibus, please note that parking is in the school playground, accessed from Spencer Road. If you are travelling by coach, please ask your driver to park in one of the bays on Davenport Road (best approach to this road for coaches is by turning off Kenilworth Road, see course map) -- this will help ease parking and access to the school playground.

### 2. Declarations – telling us your team

Team managers to report to the Declaration Desk. Declaration forms should then be handed in promptly and the race day envelopes collected. If on the day you think you will not arrive before 1.30pm due to traffic etc. you should contact me on 02476 271111.

### 3. 'B' Teams etc

We allow A and B teams for Boys' teams and A, B and C Teams for Girls' teams. This allows for 12 students for each race from each school.

### 4. Age Limits

For clarity's sake, there is no lower-age restriction for participating athletes, but the upper age should be typical Y13 max (i.e. they were U18 on 31st August the year before the race) and in full-time education at the school.

### 5. Part-teams

Please note that we will usually not be able to accommodate schools who do not have a full team, as this is very problematic for our results service. We will not turn away teams who have runners from a mixture of schools, but they will not be allowed to compete for any of the awards or rankings.

### 6. The Course

The race will be held in the War Memorial Park and gardens, which are close to the school. A map of the course can be found on our website, in the programmes. Toilets are available in the park. It also shows the best way by foot to the start. Please ask athletes to use the pedestrian crossing on the Kenilworth Road to reach the park entrance.

The course is the same as in previous years. The route will be clearly marked by barrier tape, and marshals will also be on the route, but teams are advised to reconnoitre the woods section beforehand. Much of the course is on hard surface paths; the woods section is likely to be muddy. The course is not ideal for spikes, but they may be used at the athletes' discretion.



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Please note that medical assistance is available. Please alert your nearest race official if any is required - marshals or officials are placed at the Start/Finish and points along the course map. A St John Ambulance crew should also be located at start/finish line.

HEADPHONES and the like **should not be used** by runners for safety reasons in particular.

#### 7. Use of the park

Please can you stress to your runners that we hold the event in a public park. Be considerate to members of public, please **do not get changed / washed in the park toilets** (instead use the school facilities), and **don't bang shoes on the nice white Visitors Centre walls** (they hate people doing this!!!).

#### 8. The Race – with Electronic Timing instructions – please read to your runners.

The race is a 6 x 2.3 miles relay (4 x 2.3 miles relay for girls) starting at 2.30pm (boys) and 2:35pm (girls). At the start time, the first-leg runner will be provided with a plastic baton ~3cm diameter x 30cm. RFID chips are fitted to both ends of the baton; it does not matter how the baton is held, one of the chips will always read. As usual, all the competitors (first the boys, then five minutes later the girls) will start on the same line -- the start time will be taken as the time the starter shouts "Go" to start the race.

Each competitor finishes their leg by crossing the line (at which point the chip is read) and passing the baton to the next team member; this team member then sets off to complete their leg.

If a team member crosses the line and cannot find the next member of their team, it is important that they do not carry the baton back over the line, as it is possible that a second read will occur and a spurious result will be calculated -- they should wait a few metres past the line. For similar reasons, if a team retires for any reason, do not bring the baton back to the timing area. There will be plastic boxes placed safely away from the timing equipment at the announcers van -- please drop batons into these if you have retired from or finished the race. The last leg runner should take the baton to the PA van.

Marshals will assist runners at the changeovers, so that outgoing runners will not be impeded and incoming runners file off the course in order. The public address system will keep everyone informed about the progress of the race. Please ask your team/spectators not to walk through the golf-football course in the park