

KING HENRY VIII SCHOOL

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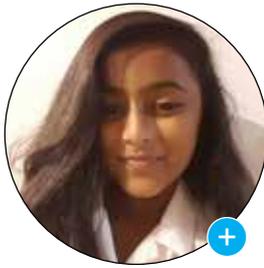
# SEVEN SPARKS

Written by Year 7 Students



#KHVIISpark

**Aswica**   



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**Form:** 7MR    **Form Tutor:** Mr Miller  
**Favourite Subjects:** Biology, Maths, Sports  
**Henry's Sparks (Clubs):** Hockey  
**I love Henry's because....** It is a welcoming and homely place!

**Harriet**   



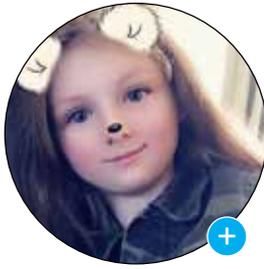
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**Form:** 7BE    **Form Tutor:** Mr Blake  
**Favourite Subjects:** English, Art and P.E  
**Henry's Sparks (Clubs):** Hockey, Netball and running club  
**I love Henry's because....** There are so many exciting opportunities to embrace and enjoy!

**Libby**   



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**Form:** 7BE    **Form Tutor:** Mr Blake  
**Favourite Subjects:** Drama, P.E., Languages  
**Henry's Sparks (Clubs):** Netball and Hockey  
**I love Henry's because....** I get lots of opportunities that other people wouldn't get at a normal school and the students are so welcoming.

**Adam**   



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**Form:** 7BE    **Form Tutor:** Mr Blake  
**Favourite Subjects:** Maths, Chemistry, PRE  
**Henry's Sparks (Clubs):** Biology and Rugby  
**I love Henry's because....** the variety of subjects!

**Aaron**   



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**Form:** 7MR    **Form Tutor:** Mr Miller  
**Favourite Subjects:** Music, Maths, Art  
**Henry's Sparks (Clubs):** Chemistry and Junior Chess  
**I love Henry's because....** the teachers are great and the cupcakes in the dining room are tasty!

**Harveer**   



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**Form:** 7BE    **Form Tutor:** Mr Blake  
**Favourite Subjects:** Physics, English, Chemistry  
**Henry's Sparks (Clubs):** VEX Robotics Club & I'm a Librarian  
**I love Henry's because....** the lessons are exciting and the teachers treat you with respect.

# DAY IN THE LIFE OF A YEAR 7

## 8.10am

I arrive at school and drop off my bags in the Games lockers as I have P.E, netball and hockey clubs today! I head to my Tutor Room to chat to my friends.

## 8.35am

Registration starts...we sometimes head off to assemblies at this point.

## 9.00am

Off I go to Period 1- Art! We are using biro and polystyrene to create presses. This is lots of fun!

## 9.50am

Period 1 has ended so I head off to German where we are preparing for some upcoming oral test! Eeek!

## 10.45am

Break time! You could go to the canteen for a quick snack but today I go and get changed for swimming!

## 11.10am

We are ready for swimming and we have been focusing on water polo! I am practising my fast breaking attack play.

## 12.00pm

After putting my kit away, I head to the Drama Studio where I will be working on my group's own composition about refugees.

## 12.55pm

Lunch! After quickly having my sandwiches, I'm off to hockey practice!

## 2.05pm

Afternoon registration, then we go to History, where our topic is '1066'.

## 3.10pm

Down the corridor to English, where we are doing some poetry analysis today, which will then lead into creative writing.

## 4.00pm

School's over but not for me as I head to the Sports Hall for netball training!

# EXCITING NEW SUBJECTS



## DESIGN TECHNOLOGY

Design Technology is a great subject as it gives you new skills and you can make cool new products. In Year 7 we make wooden base products and also built our own clocks, including putting together the mechanisms. Our Teachers are always there to help you and once you get into it, your creativity goes wild. There is no limit on your imagination and what you can actually make.

## FOOD TECHNOLOGY

Food Tech has been so much fun. This term we've baked cakes and scones, cooked some delicious advanced Italian dishes like lasagne and paella. It's a fun and experimental way of learning the science behind food and being able to apply to practical living. We also learn about the importance of balanced, healthy eating, whilst learning great independent new skills.

## MUSIC

Music is great! Whether you're an experienced musician or not, the lessons are really fun and challenging. As a non-musician, I can now read music notation whilst some of my friends have been writing and performing their own compositions. There are so many instruments you can learn too and groups to get involved in.

## ART & DESIGN

I've loved Art and we've learnt loads this year about different shading techniques. My teacher has helped me so much with different methods, so I can now draw really well. I've also gone to Art Club at lunchtimes to do some whacky photography and make textile Christmas decorations.

# THE SCIENCES

Biology, Chemistry and Physics really helps you understand how the world works! It also explains why and how things happen and makes you realise that the world you live in is so beautiful in many ways. We've done some great experiments (mini explosions included) collected some interesting data and looked at some amazing things through microscopes. Science is amazing and lots of fun! KABOOM!



# DRAMA

Drama is bold, loud, gripping and amazing in so many ways possible. You'll reach and access emotions you've never had before! When participating in drama, most of the time you will be in groups, so it really helps with social skills and being able to work with others.

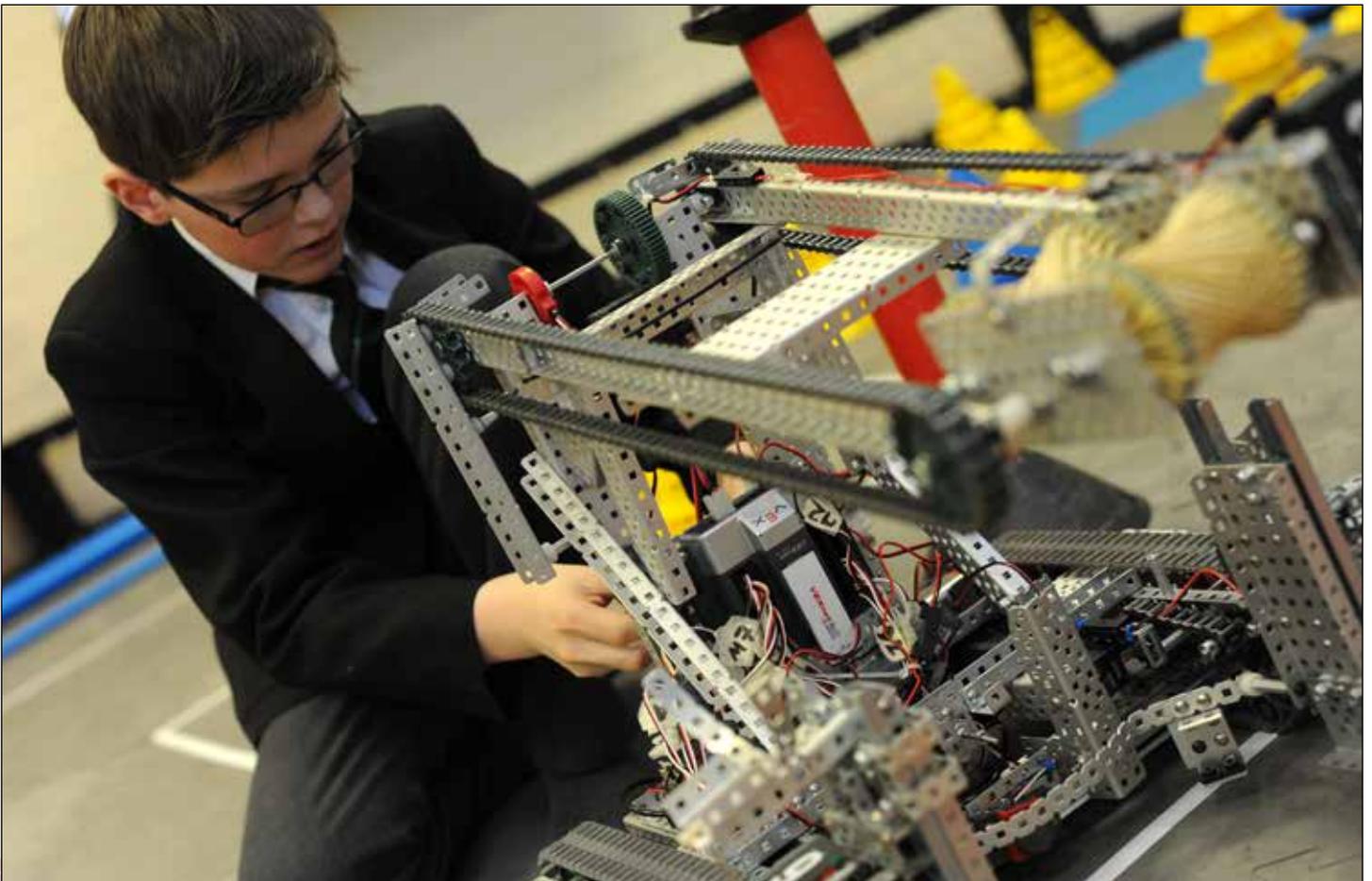


# VEX ROBOTICS



VEX Robotics is an amazing extra-curricular activity at Henry's. It's a fun and challenging activity where everyone can get involved, whether through the designing, building, programming or driving and competing. Everyone is welcome and lots of Year 7s have got involved this year!

We go to competitions all around the West Midlands and this year, 4 of our teams have qualified for the National Championships again! We build our robots from scratch and it's so much fun to meet other students, make new friends and get to take part in competitions against other schools!



# MOUNT COOK RESIDENTIAL



In October, Year 7 had the opportunity of going on a residential trip to Mount Cook for 5 days. We all had a great time getting to know all our new peers while doing some fun activities.

Some of the activities were:

- Archery tag
- Zip wiring
- Sensory trail
- High ropes and many more

We also learnt some survival skills that would help us in any emergency in the middle of the wilderness. While these skills were very important to learn, the leaders and staff made the learning much more fun and exciting. The staff were also very welcoming and made the adventure centre homelier. This also included a campfire session with games, laughter and even a talent show!

My parents were so nervous when I left since they thought I wouldn't like it and I would get homesick, but I loved it so much that I wouldn't have missed it for the world. Since this was at the start of the year, this gave us a chance to bond as a class and get to know more things about each other.

While having a lot of fun, the food was also awesome. For each meal, we had our own choices of food while juice and water were provided. We also had delicious desserts after dinner to make us ready for the good nights sleep ahead of us. The accommodation was very pleasant, we got to share a room with 3-4 people that you didn't know as well before. For example, I shared a room with 2 people and they soon became some of my best friends.



These are their opinions on the Residential trip:

**It was a great chance to try new things, make new friends and overall enjoy yourself. A guaranteed great adventure and a once in a lifetime experience.**

Jasmine

**It was a good opportunity to step out of my comfort zone and make new friends along the way. Overall it was a great experience and I hope to do it again soon.**

Ameze

**It was a fun and adventurous time where we learned a lot. It was interesting and I did things I have never done before. Some things were scary but most of all it was fun!**

Silvia



# SPORT



## YEAR 7 BOYS SPORT

Year 7 have had a great start to their Rugby and Hockey careers at Henry's! The A Rugby team had a fantastic season including a 45-20 win over Bablake. They also enjoyed a great sports tour to Manchester, which featured two wins against Manchester Grammar and Cheadle Hulme. The season finished with a Coventry Schools Cup Final victory!

It doesn't matter if you haven't played rugby or hockey before, because there are lots of teams and practices to get everyone involved. Our 'E' Rugby team had a great performance against Princethorpe and our 'D' Hockey team drew 1-1 v King Edwards. Everyone can get involved and it's a great way to stay fit and active, learn great team skills and make new friends.

We've already started netting for cricket and can't wait for the summer term!

## YEAR 7 GIRLS SPORT

This has been an extremely successful and exciting year of sport for the Year 7 girls. So far we have played lots of netball and hockey. We have had so many opportunities to practice with regular training sessions which are intense and fun at the same time. We have played lots of fixtures against other schools in lots of sports. We train during the week as well as play matches after school or on a Saturday both inside our impressive sports hall or outside on the courts



### Girls' Sport Highlights Top 3!

**Netball** v Princethorpe - Won 26-4, **Netball** v Edgbaston HS - Won 18-10

**Hockey** v Solihull - Won 2-1

I love girls' sport at Henry's because...

- *Everyone gets to play, whether you play outside of school and are experienced or you are a complete beginner. We have A-D teams 😊*
- *The team works together so well; we instinctively know where each other will be.*
- *Our trips away on the coach have been all part of the fun. It is a great opportunity to cement existing friendships as well as make new ones.*
- *Whether we win or lose, we are always committed and keen to learn more, improve our game and look forward to the next match.*
- *Our teachers are great; they make it fun as well as serious. They want us to beat our competition but always make sure we play fairly and with good spirit.*
- *All teams have advanced tremendously throughout the course of the year, improved our general fitness and had a fantastic time.*
- *You get to make new friends from outside your class.*

# EXTRA CURRICULAR ACTIVITIES

Henry's offers a whole range of clubs and clinics from Chess to VEX Robotics, from Orienteering to Greek Beginners, so there is always something for everyone! I participated in netball, hockey, running club and last term I tried Christmas Textiles club.

Hockey and netball go on most of the year round, twice a week and help anyone improve their skills and hopefully go up a team! I hadn't done any hockey or netball before I joined Henry's and I have benefited from those clubs loads! If I could say one thing to future pupils, it would be to embrace any opportunities that you are given because I guarantee that there will be something that you really love!

Clinics are available to offer support if you are stuck with homework, are revising for an upcoming test or simply want a bit more practise on say: density equations. They are run at lunch times and a teacher from that subject is always on hand to help with almost everything.



# MUSIC

In addition to normal Music lessons you can learn any musical instrument, from the trombone to the harp! You can also have singing lessons and every Friday morning all of Year 7 have choir! That's right we all have to sing and we are performing at the Spring Concert at the Butterworth Hall. There are so many ensembles too, for any level of ability from Senior Orchestra through to Junior Wind Band.



# DRAMA

Drama outside the classroom is huge. We recently had a West End Star from Hamilton run a workshop and there are so many ways that you can express yourself including Drama Club at lunchtimes where we have so much fun interpreting different styles. We have our annual House Drama Competition; in which you can act for your House as each House performs a play in 20 minutes on stage! We also have a whole school drama performance (this year was the musical Les Miserables) at Christmas and then the Junior Play in the summer term, which was Little Mermaid last year.



# YEAR 7 ADVENTURE AWARD PROGRAMME

The Adventure Award is an exciting programme of activities we do in Year 7 which has three areas: Adventure, Service and Challenge. There are 10 really fun activities that after completion mean you get a Bronze Award. It's great preparation if you want to do the Duke of Edinburgh Award when you are older.

Adventure Safari	<i>We went on a one-day walking safari to Ryton Pools and learnt about the Countryside Code.</i>
Adventure Reading	<i>You read an adventure book (fiction or non-fiction) and then write a book review.</i>
Interests	<i>This can be any kind of sport or skill. I joined rock climbing club at school, whilst one of friends did swimming.</i>
Service	<i>For my service I joined the peer support program at school and helped some of the younger children at school.</i>
Shield	<i>This was lots of fun. I did a project in PRE (Philosophy, Religion and Ethics) about another religion (Sikhism).</i>
Food Technology	<i>Yum Yum!!! I made 8 rock buns in class, but only 2 made it home!</i>
Tutor Group Charity Activity	<i>We raised over £250 for Zoe's place, by organising a splat the teacher event, an Easter Egg raffle and a cake sale.</i>
First Aid	<i>I completed my Basic First Aid in PSHE, so I now know about the recovery position, bandaging and emergency first aid.</i>
An Outdoor Education Learning	<i>I joined Bushcraft Club and we had tent 'putting up' competitions before cooking pizza in an outdoor oven.</i>
Coombe Abbey Activity Day	<i>We had a great day at Coombe Abbey Country Park, doing shelter building and Biology pond dipping in the afternoon.</i>